

GET IRON INFORMED



Fatigue

Brittle Nails



Chewing Ice

Headache



RAISING AWARENESS AROUND THE WORLD

IRON

DEFICIENCY DAY

NOVEMBER 26TH

This year it's all about #GetIronInformed

November 26th marks the fourth annual Iron Deficiency Day

For more information and to #GetIronInformed visit

www.irondeficiencyday.com

